

**MYRTLE BEACH MILITARY APPRECIATION DAYS REGISTRATION FORM  
5K RUN/WALK**

Branch of Service \_\_\_\_\_

Base \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ E-mail \_\_\_\_\_

Age \_\_\_\_\_ Gender \_\_\_\_\_ T-shirt Size S M L XL

**Please Check Events You Are Participating In**

5K Run/Walk \_\_\_\_\_ Special Race Division: Amputee \_\_\_ Wheelchair \_\_\_

Assumption of Risk and Release -- I attest I am physically fit and able to engage in strenuous activity and understand the risks of injury, loss or damage associated with participating in a 5K Run/Walk. In consideration of my participation in the Myrtle Beach Military Appreciation Days 5K Run/Walk, I hereby assume all risks of loss, damage or injury arising out of my participation in the event and hereby release, and hold harmless, for myself, my heirs and my personal and legal representatives, The City of Myrtle Beach, and their respective officers, agents, representatives and employees from and against any claim or cause of action whatsoever arising out of or resulting from my participation in such event. I give my permission for the free use of my name and picture in any broadcast, telecast or print media account of this event. I also agree to obey all rules, exercise all safety precautions, and respect the property of others.

Signature \_\_\_\_\_

**Please mail before May 1 completed registration form to:  
Wanda Bodine  
Department of Cultural and Leisure Services  
P.O. Box 2468  
Myrtle Beach, South Carolina 29578**

**For questions about registration call Wanda Bodine at 843/918-1191 or [wbodine@cityofmyrtlebeach.com](mailto:wbodine@cityofmyrtlebeach.com)  
On-line registration also available at [www.cityofmyrtlebeach.com](http://www.cityofmyrtlebeach.com)**

# Myrtle Beach Military Appreciation Days

## 5K Run/Walk

Sunday, May 29, 2011

### Race Fees

Active/Reserve/Veterans- Free

Civilians - \$20.00

### Early Registration Deadline

May 1, 2011

Race day registration and packet pickup 6:30 - 7:45 a.m.

Crabtree Gym

1004 Crabtree Lane (off of Pampas Drive)

843/918-2355

### Race Times

7:55 a.m. - Wheelchair 5K

8:00 a.m. - 5K Run/Walk

Special Race Divisions for  
Amputee and Wheelchair

Visit [www.militaryappreciationdays.com](http://www.militaryappreciationdays.com)

**SALUTING  
THE  
MILITARY**

**5K RUN/WALK**

**MYRTLE BEACH  
MILITARY  
APPRECIATION  
DAYS**

MAY 29, 2011

MYRTLE BEACH, SC